

June 9, 2014

Dear Member of Congress:

On behalf of the nearly 26 million Americans with diabetes, and the 79 million with prediabetes who are at high risk for developing type 2 diabetes, I am writing to ask you to protect the integrity of federal nutrition programs as you complete the appropriations process for Fiscal Year 2015. The Centers for Disease Control and Prevention (CDC) estimate that one in three adults will have diabetes by the year 2050. We must keep this prediction from coming true by taking action to prevent diabetes. Keeping today's kids healthy is the first step to preventing diabetes in the long term.

Congress has made great progress in improving the health of our nation's students. Since the passage of the Healthy, Hunger-Free Kids Act of 2010 school lunches and breakfasts have become healthier. Students are served lower calorie meals with more fruits, vegetables and whole grains, helping reduce their risk for obesity, type 2 diabetes and other chronic diseases. School foods will improve even more when the next school year begins. Starting this summer new Smart Snacks in School standards will be applied to foods sold outside of the meal program, such as snacks sold in vending machines. Smart Snacks in Schools will ensure any food item a student purchases at school meets minimum nutritional standards.

These efforts are just the beginning of a long fight to prevent childhood obesity and stop diabetes. Again, please work to keep our kids healthy and stop diabetes. As the House considers the Agriculture, Rural Development, Food and Drug Administration and Related Agencies Appropriations Act for Fiscal Year 2015, oppose language that provides schools with waivers for meeting school meal standards. If you have questions or would like more information, please contact Meghan Riley, Associate Director, Federal Government Affairs at [mriley@diabetes.org](mailto:mriley@diabetes.org)

Sincerely,



Tekisha Dwan Everette, PhD  
Managing Director  
Federal Government Affairs

**National Office**

1701 North Beauregard Street  
Alexandria, VA 22311  
Tel: 703-549-1500

**Diabetes Information**

call 1-800-DIABETES (1-800-342-2383)  
online [www.diabetes.org](http://www.diabetes.org)  
The Association gratefully accepts gifts through your will.

**The Mission** of the American

Diabetes Association is to prevent and cure diabetes and to improve the lives of all people affected by diabetes.

